

Early Learning

Dealing with Medical Conditions Policy

Diabetes Type 1- Appendix 23.3

This policy should be read in conjunction with the Dealing with Medical Conditions Policy.

Current Environmental Context

Type 1 diabetes develops when the pancreas stops producing insulin. Insulin is the hormone which transports glucose from the blood stream to the cells around the body where it is used for energy. Without insulin, glucose builds up in the blood stream and can make a person extremely unwell. If someone is diagnosed with type 1 diabetes they must give insulin and check BGLs for life. Insulin is a lifesaving medication (*Mastering Diabetes in preschools and schools*. 2016).

For each child diagnosed with type 1 diabetes, the early learning service needs to make sure that the enrolled child has a current diabetes action and management plan. This plan is completed and signed by the child's diabetes treating team and parents, and will detail the individual health care needs and be reviewed and updated at least once a year. Consultation and a good working relationship will often be needed between families, the early learning service and the child's diabetes team so that the child can be best supported to actively engage and have equal access to the learning and care environment.

Educators will require professional development opportunities to support children with type 1 diabetes to reduce the risk of emergency situations and complications for the child.

Parents will also be asked to notify the service immediately about any changes to the child's individual diabetes action and management plan.

Attachment 23.3a: Responsibilities relating to the Diabetes Type 1 Policy

Attachment 23.3b: Strategies for the management of type 1 diabetes in children at the service

Attachment 23.3c: Diabetes Action Plan example only (download 2018 EL Action Plan PD/MDI/Pump)

Forms can be accessed online at [Click here](#)

Form 23.3.1: Diabetes Management Plan – MDI

Form 23.3.2 Diabetes Management Plan – PD

Form 23.3.3 Diabetes Management Plan – Pump www.diabetesvic.org.au

Form 23.3.4 Diabetes Blood Glucose Level (BGL) tracking form

Resources/Sources

Uniting Early Learning acknowledges the contribution of the nurse educators, and staff from consumer engagement and the advocacy team from Diabetes Victoria, in the development of this policy. This policy was reviewed by Diabetes Victoria in July 2017.

- Education and Care Services National Law Act 2010: Sections 167, 169
- *Education and Care Services National Regulations 2011*: Regulations 90–96, 102, 136, 137, 146, 147, 160–162, 168(2)(d), 173, 177, 181, 183, 184, 246
- National Quality Standard, Quality Area 2: Children’s Health and Safety
- Caring for Diabetes in Children and Adolescents, Royal Children's Hospital Melbourne:
<http://www.rch.org.au/diabetesmanual/>
 - Diabetes Victoria: www.diabetesvic.org.au
 - *Mastering Diabetes in preschools and schools* - <https://static.diabetesaustralia.com.au/s/fileassets/diabetes-australia/f3133e0a-eb9a-45bf-900f-d98710a9ce0a.pdf>
 - Professional development programs across Victoria visit: www.diabetesvic.org.au/events
 - Diabetes Victoria 1300 437 386 (Here to help)
- Diabetes Australia
 - *Diabetes in Schools Report 2017* Available: <https://static.diabetesaustralia.com.au/s/fileassets/diabetes-australia/7dc95662-684e-4f31-8a4e-e579d20f58e4.pdf>
 - *Position Statement: A new language for Diabetes* Available:
<https://static.diabetesaustralia.com.au/s/fileassets/diabetes-australia/f4346fcb-511d-4500-9cd1-8a13068d5260.pdf>
- National Diabetes Services Scheme (NDSS)
 - National Helpline, consumers call 1300 136 588
 - Information sheets about diabetes visit National Diabetes Services Scheme website:
<https://www.ndss.com.au/publications-resources>

Authorisation

This policy was adopted by Uniting Early Learning: 14 December 2018

Review

This policy is to be reviewed by: 30 November 2020